



Investing in Children

*Their future is in our hands.
Our future is in theirs.*

Calendar of Events

January 2003

No-cost or low-cost activities for you and your children

*Happy New Year!
Have a Safe and
Happy 2003.*

- 1 Old and New**
Discuss Old and New, Show old items (tarnished pennies, worn clothing..) and new items (new toy, infant..)and talk about their differences.
- 2 Queen/King for a Day**
Elect one family member as King/Queen for the day. Let them pick out an activity that you can do as a family.
- 3 Make a Bird Treat**
at the Ontario Early Years Centre London North Centre 265 Maitland St. 434-3644
- 4 Outdoor Fun**
Go outside and be active! Go for a walk, go tobogganing, skiing or skating. Don't forget to bundle up!
- 5 Rainbow Stew**
1/3 c. sugar, 1 c. cornstarch, 4 c. cold water. Cook until thick, put in bowls, add food coloring. Put in ziplock baggies. Let the kids play with it.
- 6 Number Hunt**
Help your child search around the house for numbers. Count items, read packages or even look at the phone! Where else can you find numbers?
- 7 Snow Angels**
Bundle up and make snow angels outside. Make one for each person in your family.
- 8 Scribble Table**
Tape a large sheet of butcher paper to a table and make that known as your scribble table. Leave different items out that a toddler can scribble with freely.
- 9 Oatmeal Dough**
1 part flour, 2 parts oatmeal, 1 part water Mix ingredients together, form into shapes and let dry. Pieces can be painted when dry.
- 10 Build a Fort**
Build a fort out of chairs and sheets in your house. Tell stories and have a picnic by flashlight.
- 11 Frosty Scene**
Color a scene with crayons, press hard, then paint with white paint. The paint won't stick to the crayons. Sprinkle with clear glitter while paint is still wet.
- 12 Puppet Time**
Act out your child's favourite story with puppets. Make your own puppets out of socks or paper bags.
- 13 Mirror Faces**
Have fun making faces in a mirror. Have your child identify associated feelings to the facial expressions.
- 14 What If??**
What if people had four fingers instead of five? What would gloves look like? Would it be any harder to pick things up?
- 15 Visit the Ontario Early Years Centre LondonWest**
785 Wonderland Rd. S., 2nd floor Westmount Shopping Centre (near Zellers) 473-2825
- 16 Family Game Night**
Let your children choose a game that everyone can play as a family.
- 17 Zippy Ham and Cheese Log**
1 cup shredded cheddar cheese, 1 (8 oz.) pkg. of cream cheese, 1 can (4-1/4oz.) Deviled Ham, 1/2 cup finely chopped Green olives
- 18 Noises**
Show your children several items (spoons, popsicle sticks, pots...) Have them close their eyes. Make a noise with an item and make them guess what you used.
- 20 Sensory Shapes**
Cut shapes out of different textured things (sandpaper, wallpaper, carpet, etc.) then ask the children to feel the different shapes.
- 21 TV Blackout Night**
Keep the TV off tonight. Play a game, read a book or go for a walk.
- 22 Pudding Paint**
Finger paint with pudding on a plastic lined paper or waxed paper. Clean up is fun because it is edible.
- 23 I Spy**
Play I Spy with your child(ren). Have them look for colours, shapes and first letters of objects.
- 24 Wrap Snacks**
Spread cream cheese on a wrap. Add finely chopped pieces of veggies. Roll into a tube and slice to get a spiraled snack.
- 25 Bird treats**
Cut old pieces of bread and let dry. Spread with peanut butter and cover with black sunflower seeds. Hang outdoors
- 26 Popcorn Fun**
Add fun ingredients to popcorn: grated cheese, herbs, nuts or cinnamon. Put in baggies for a on the road treat.
- 27 Family Literacy Day**
Spend some extra time reading today. Go to the library, read labels at the grocery store or snuggle up with a good book and a healthy snack.
- 28 Rice play.**
Fill a dishpan with about 4 inches of clean, dry rice. Put a few plastic cups, bowls, spoons, and small toys in the rice. Suggest your child bury the toys in the rice.
- 29 Bug Snack**
Spread cheese into celery sticks, make raisin eyes and chow mein noodle antennas. Make a furry caterpillar by sticking grated carrot in the cheese.
- 30 Pyjama Party**
at the Ontario Early Years Centre London Fanshawe 1892 Dundas Street 7:00 pm Come with your pj's!
- 31 Summer Snowman**
Save a snowball in a bag in the freezer so that it can be pulled out in June for a summer snowman!

**Come and join us for our
Family Literacy Event
Saturday, January 25th @
Sherwood Forest Branch Library
11:30am - 2:30pm**

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday