



Investing in Children

*Their future is in our hands.
Our future is in theirs.*

Calendar of Events

April 2002

No-cost or low-cost activities for you and your children

**1 Easter Monday
April Fools Day**
Find bunny jokes and tell them to your children or help them make up a story about Easter and what it means to your family.

2 Label Lessons
Label things in your children's room as they learn to name them. Have fun while they learn that written words are connected to everyday things.

3 Sponge Painting:
Dip a clean, damp sponge into paint and use it to decorate large sheets of paper. Cut sponges into shapes for added decoration.

4 Measuring Fun
Find different ways of measuring something. Use a toy, your thumbs, a popsicle stick... How many hands tall is your child?

5 Fruit kabobs
Place chunks of apple, banana and melon with cheddar cheese on a kabob or popsicle stick.



6 Family Storytime
Children's Library Saturdays
10:30 - 11:15am until May 25



7 World Health Day
Get active! Turn off the tv and move around. Have a sensory day with your children: listen to music, touch different objects and see different colours.

8 Turn Off the Screens Week
April 8th - 12th
Can your family spend 5 days without the tv? Call your local health unit for more information

9 Family Game Night
Teach your children a game that you played as a child. Talk about where, when and who you played it with.

10 Get Active
Spend some time doing something active as a family. Take a walk, go skating, dance or play soccer.



11 The North Middlesex Wellness Fair
North Middlesex Community Centre
225 McLeod in Parkhill.
Early ID booth open 10:00am - 2:00pm



12 Picnic Dinner
Have a picnic dinner. Eat inside or walk to a park. Serve a healthy pasta salad, chicken, fresh bread, juice and oatmeal cookies.

13 Mosaics:
Cut colored paper into small squares 1"x1". Glue squares onto black paper creating a pattern or picture. Try to cover the entire paper with tiny squares.

14 Plip Plop Clothespeg Drop
Take turns dropping clothespegs into a plastic container (yogurt or margarine) from a standing position.

15 Banana Note
Combine love and nutrition by taking a healthy banana and a fun colored marker and writing an "I Love You" note on the banana.

16 What If?
What if you were a fish that lived on the bottom of the sea? What would your house look like? What would you eat?



17 Name Poem
Spell your child's name down the left side of a poster. Ask your child to come up with a positive word or phrase beginning with each letter of her name.

18 Queen/King for a Day
Elect one family member as King/Queen for the day. Let them pick out an activity that you can do as a family.

19 Paper Beads:
Glue one side of a strip of a piece of magazine paper. Roll around a toothpick. Remove toothpick before glue dries. String on thin yarn once the paper is dry.

20 Family Storytime at the outdoor Farmers Market
Call the Children's library for more information about this special event on farms and farming

21 Driveway Hop
Color large chalk shapes on the sidewalk, and have your child hop from the 'blue star' to the 'yellow circle' and then to 'something blue', then to 'a triangle'.

22 Earth Day
Celebrate the Earth today. Talk about recycling, clean up outside or talk a walk in a park.



23 Me Puppet
Help your children make a paper bag puppet that looks like them.



24 Silly Stories
Make up silly words and use them to make a silly story with your children. What new words can you come up with?

25 Lemon Smoothie
Blend until frothy: 1/2 cup lemon yogurt, 1/2 cup milk, a dash of vanilla extract, and two ice cubes.



26 Become a movie critic.
Rent a movie with your family then discuss and rate the film afterwards.



27 Parenting Fair
Western Fairgrounds
Canada Building
9:30 - 3:30pm
Free Admission



28 Inukshuks
Make your own inukshuk (a pile of stones arranged in the likeness of a human being). Go to the library to find out more about inukshuks.

29 Mealtime Lessons:
Use dinner learning time. Count veggies on a plate, point out colours, ask what shapes things are.

30 Kool-Aid Finger Paint
Mix wet into dry: 2 cups flour, 2 packs unsweetened Kool-Aid, 1/2 cup salt, 3 cups boiling water, 3T. oil

April 21 - 27th is National Volunteer Week
Many thanks to our special volunteers for helping us with our many projects!

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday